

Emergencies

Hac Ali MD Loresta. University of Medical Sciences

Ocular traima is the most common cause of unilateral blindness in children and young adults Correct management of natients with eve traima requires a ste wise approach If a natient presents with both ever and systemic traima diagnosis and management of any limit threatening iniury takes precedence over evaluation and management of ophthalmic injury

Approach to Eye Trauma

History
Eve Examination
Ancillary Tests

Complete Eye Examination

Visual Acuity (VA) Red Reflex (RR) Relative Afferent Punillarv Defect (RAPD) Extraocular Muscles (EOM) Intraocular Pressure (IOP) Visual Field (VF) Anterior Segment Evaluation **Ophthalmoscopy**





Rav CT Scan MRI Echography



Chemical Burn

A true ocular emergency Alkali are more serious than acids

Immediate and conious irrigation of chemical hurn should he initiated before arrival at emergency center

Chemical Burn Initial Management

- ✓ Tonical anesthetic
- Continued irrigation
- Tonical antibiotic
- Eve natch

Prompt referral to ophthalmologist

Subconjunctival Hemorrhage

Traumatic Ne traumatic

Subconjunctival Hemorrhage

No therany is necessary

It usually resolves spontaneously

Recurrent subconj hemorrhage

can be seen in association with systemic illness such as uncontrolled hypertension_diabetes mellitus ,or a bleeding diathesis

Corneal Abrasion

Corneal enithelial defect may be caused by contact with a finger fingernail fist edge of naper, foreign body,contact lens



Pain Foreign hody sensation Tearing

Photonhohia

Discomfort with blinking



Tonical cvclonlegic Tonical antibiotic Eve natch Close Follo up



Patients with contact les associated enithelial defect should never be patched



Corneal enithelium is highly susceptible to injury from UV radiation

Arc welding Reflection by snow

Symptoms of UV keratitis usually heating a few hours after exposure to UV

Symptoms include severe nain, nhotonhohia tearing foreign body sensation

Anesthetic eve dron (Tetracaine) can be used initially for patient examination hut should never be prescribed for the patient

UV Keratitis Management



• Analoesic

- Tonical cvclonlegic
- Tonical antibiotic
- Eye patch

Before removing the corneal foreign body_denth of nenetration should be assessed

It is advisable to remove much metalic material as nossible because material left in cornea may lead to nersistent epithelial defect and poor healing

Hvnhema is a common finding in blunt trauma to eye

% of natients have other ocular





Rehleedino davs) Increased IOF (%) Corneal blood staining





Important diagnostic signs include Marked decrease in ocular ductions Coniunctival chemosis & hemorrhge DeenenedAC Vitreous hemorrhage Hypotony

Intraocular foreign hody (IOFR) should be suspected after any ocular or orbital trauma

Sympathetic Ophthalmia

Bilateral nanuveitis after injury to one eye

Primary enucleation should be nerformed only if the plobe can not be renaired If there is no hone of visual recovery in a recently runtured slobe enucleation should be performed withi . weeks after injury

Orbital Trauma

Le Fort Fractures Zvgomatic Fractures Orbital Anex Fractures Crhital Roof Fracures Medial Orhital Fracures > Orbital Floor Fracture Blo out Fracture

Blo out Fracture

Indirect fracture of orbital floor that are not associated with fracture of inferior orbital rim



Lid ecchymosis & edema Dinlonia with limitation in upgaze Enonhthalmos Hynoesthesia in distribution of infraorbital nerve

Emphysema of orbit and eyelid



Coniunctivitis Corneal inflammation/infection Uveitis (iritis) Acute glaucoma

Inflammation of conjunctiva (COnjunctivitis)

is the most common eve disease worldwide

Causes of Conjunctivitis

Racterial Chlamydial Viral Parasitic Fungal Immunologic Chemical Systemic Disease Unknown

Symptoms of Conjunctivitis

Redness

Rurning sensation Foreign hody sensation Tearing

Fullness around eye

Itching

Bacterial Conjunctivitis

Coniunctival iniection Muconumlent dicharge Lid crusting



Empirical tonical antihiotic Tonical vasoconstrictor . Eye hygiene

Be careful about contagiousness

Ophthalmia Neonatarum

Gonococi

Chlamvdia

Chemical



Admission
Systemic antibiotic
Conious irrigation
Frequent observation

Viral Conjunctivitis

Coniunctival iniection Waterv discharge Preauricular adenopathy

Management

Therapy is mainly supportive

Allergic Conjunctivitis

- Itching
- Coniunctival injection
- Chemosis
- Mucoid discharge

Management

Discontinuation of offending agent Cold commess Antihistamine Tonical vasoconstrictor Topical steroid



IRacterialIViralIFungal





- Coniunctival iniection
- Reduced vision
- Discharge
- Photophobia

Corneal IIcer Management

Smear & culture
Eve shield
Prompt referral

Acute glaucoma

Severe ocular pain Reduced vision Halo vision Headache Nausea & vomitting High IOP Fixed middilated pupil





- Pilocarnine
- Acetazolamide
- IV Mannitol or PO glycerine



Pain

Photonhohia Coniunctival iniection Mav he hlurred vision Normal cornea Normal IOP



- 1 Steroid
- 2 Cvclonlegic
- *E Treatment for underlying cause*

ORBITAL CELLULITIS

- External: redness, swelling
- Motility: impaired, painful
- $= \pm$ Proptosis
- ± Optic nerve: decreased vision, afferent pupillary defect, disc edema

Sudden ne traumatic visual loss in one eve is usually caused by retinal or optic nerve lesions













